



AUTISM RESEARCH INSTITUTE  
*Autism is Treatable*

## Research that makes a difference



The mission of the Autism Research Institute is to improve the health and well-being of people on the autism spectrum through research and the education of professionals, those who are affected, and their families.

**With your support,** ARI can provide the research and treatment advocacy that is urgently needed.

## Finding answers requires more voices, asking new questions.

At ARI, we have always been mindful of the needs of those on the autism spectrum and their family members. Their support over the past five decades has magnified our focus on advancing an ambitious research agenda while reporting on the latest science-based information for people of all ages on the spectrum.

While the causes of ASD remain unclear, recent scientific advances challenge the traditional view of autism as an untreatable disease—as one that is genetically hardwired. These developments support the position that ARI has always maintained: autism is treatable. ARI continues to pioneer research, outreach, and cooperative efforts with other organizations worldwide.

### WHAT WE DO

- Fund & Conduct Innovative Research
- Think Tanks
- Autism Tissue Bank
- Autism Data Bank
- Consensus Reports
- Surveys
- Webinars—Democratizing Learning
- Language Translations
- Complimentary Continuing Medical Education for Physicians
- Publications You Won't Find Anyplace Else
- Autism.com
- Autism Treatment Effectiveness Checklist (ATEC)
- Toll-free Telephone Hotline
- Special Support



### FROM ARI'S CHAIRMAN OF THE BOARD

**I am honored to work on behalf of persons and families touched by autism** by serving on the board of directors of ARI, and in doing so, supporting research and education.”

— MARVIN NATOWICZ, MD, PHD  
Cleveland Clinic

### FROM A PARENT

When traditional routes didn't give me the answers for my son, I had to find them on my own. **Thanks to cutting-edge research and education, I was able to help him to become his best, healthiest self.** We've come a long way but there is still so much to learn.”

— WENDY RINGEL  
Oliver's Mom  
New Jersey





## 2018: List of Accomplishments

### RESEARCH

*ARI takes an active role in all phases of autism research*

We awarded more than \$200,000 in grants to fund exciting and innovative research that holds realistic promise in impacting the lives of those on the autism spectrum.

We sponsor forums, such as our national and regional think tanks and an online discussion group, to engage scientists and practitioners in in-depth dialogues about current and upcoming research. In these settings, scientists have an opportunity to share their thoughts and findings directly with medical doctors and nutritionists. In addition, these researchers appreciate receiving practical input from experienced practitioners who often provide further insight about autism.

We provide researchers with advice and guidance on how to optimize their experimental designs. We also help them recruit participants for their studies.

ARI assists two tissue banks, including a brain tissue bank for the National Institute of Child Health and Human Development at the University of Maryland and a gastrointestinal tissue bank at the Digestive Function Laboratory Repository at Massachusetts General Hospital in Boston.

We continue to publish our quarterly science newsletter, *Autism Research Review International (ARRI)*, where we report on current medical, sensory, and educational research.

### CONTINUING MEDICAL EDUCATION

*ARI informs the medical community about best-practice treatments.*

ARI offers, in joint providership with the Cleveland Clinic, complimentary *AMA PRA Category 1 Credit™* to physicians and the general public. Connecting physicians to improved standards of care is crucial to amplifying understanding of the medical nature of the disorder.

### ONLINE LEARNING

*ARI has an active online presence.*

ARI maintains a popular website, [www.Autism.com](http://www.Autism.com), consisting of relevant information as well as diagnostic and assessment tools for all members of the autism community.

ARI publishes a bimonthly e-newsletter, *Clinical Research in Autism*, for obstetricians, pediatricians, and nurses who want to keep current with research relevant to their practice.

ARI hosts live webinars featuring top researchers and treatment professionals, in partnership with The Johnson Center for Child Health and Development. The topics include research updates, diet, nutrition, ABA, assessment, educational therapies, adult issues, and much more.

Our YouTube channel offers free access to experts with up-to-date webcasts on medical support and educational videos, social stories, and talks from past conferences. Users have tuned in for more than 400,000 viewings.

### OUTREACH IN THE U.S.

*ARI offers personal support to parents and professionals.*

ARI sponsors a telephone support line for parents and care providers seeking information.

We provide an opportunity for viewers of our live webinars to ask questions directly to the presenters.

We moderate internet discussion groups for parents.

### INTERNATIONAL OUTREACH

*ARI embraces a global autism community.*

ARI is an NGO (non-governmental organization) of the United Nations.

ARI continues to translate many of our key articles, as well as our Autism Treatment Evaluation Checklist (ATEC), into different languages. Now available in 20 languages, ARI's ATEC is completed by over 150 users per day.

We work directly with network groups and clinicians worldwide, especially in regions where awareness and support are still in their infancy, such as Eastern Europe and South America.



## So Much More than Autism

It is so important to treat the underlying conditions of our sick kids; it is so much more than Autism. It is an exhausting journey, but he is my heart. I like to read about the research through ARI so that we can navigate our own journey and help my son who lives with the daily struggles of autism and tries, and tries, and tries..."

— COURTNEY DAHL  
Anders' Mom  
Michigan

**We know you hear from many deserving charities—  
Thank you for keeping ARI on your list.**

Your tax-deductible gift of ANY size  
will sustain our work in 2019 and beyond.  
Donate today at [AutismDonations.com](https://AutismDonations.com)

## Remembering ARI Scientific Advisory Board Member Dr. Sydney M. Finegold

**Dr. Sydney Finegold was renowned and revered by several generations of scientists as a kind and generous mentor, and as a giant of a medical scientist.** He chose to celebrate both his 80th and his 90th birthdays by organizing a conference that hundreds of colleagues around the world attend. His greatest passions in life were medical research (anaerobic bacteria and their role in illness—he was among the first to posit a relationship between the gut biome and autism) and clinical medicine (infectious diseases). His scientific curiosity continued to flourish until poor health forced him to retire fully from research at age 96.

We gratefully pay tribute to this brilliant researcher and vibrant, kind friend, whose hard work will continue to inspire all of us at ARI and those whose lives he touched for many years to come.



**DR. SYDNEY M. FINEGOLD**  
August 12, 1921 - September 17, 2018



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**Connect with ARI!**

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